

Fall Schedule 2020

Sept/Oct/Nov



**Port Huron
& St. Clair Studio**

www.happydogyogastudio.com / 866-853-9274 / info@happydogyogastudio.com

Port Huron Studio: 2887 Krafft Rd, Suite 1600 / St. Clair Studio: 201 N. Riverside Drive Suite C-10

* Indicates a livestream virtual yoga class

Monday	8:00-9:00 am	Virtual Beginner Yoga * Zoom link will be in confirmation email	Alma
	9:00-10:00 am	SC Beginner Yoga	Emilee
	5:15-6:15 pm	PH Align & Flow	Alyssa
	6:00-7:00 pm	SC Vinyasa Flow	Meagan
	7:15-8:15 pm	SC Candle Light Gentle	Alma
Tuesday	7:30-8:30 am	Virtual Teacher's Blend * Zoom link will be in confirmation email	Kris
	9:00-10:00 am	PH Align & Flow	Jacqueline
	9:00-10:00 am	SC Teacher's Blend	Emilee
	5:30-6:45 pm	SC Ashtanga Short Form (75 minutes)	Emilee
	6:00-7:00 pm	PH Beginner Yoga	Kathleen
	7:15-8:15 pm	SC Yin Yoga	Alyssa
Wednesday	8:00-9:00 am	Virtual Beginner Yoga * Zoom link will be in confirmation email	Alma
	9:00-10:00 am	SC Align & Flow	Meagan
	5:15-6:15 pm	PH Vinyasa Flow	Dayna
	6:00-7:00 pm	SC Teacher's Blend	Katie
	7:00-8:00 pm	PH Yin Yoga	Meagan
	7:30-8:30 am	Virtual Teacher's Blend * Zoom link will be in confirmation email	Kris
Thursday	9:00-10:00 am	PH Beginner Yoga	Emilee
	9:00-10:00 am	SC Yin Yoga	Tammy
	6:00-7:00 pm	PH Align & Flow	Rhonda
	9:00-10:00 am	SC Beginner Yoga	Alyssa
Friday	12:00-12:30 pm	Virtual Express Vinyasa * Zoom link will be in confirmation email	Emilee
	6:00-7:00 pm	SC Teacher's Blend- Happy Hour Yoga - 1/2 off class	Meagan
	8:30-9:30 am	SC Vinyasa Flow	Emilee
Saturday	9:00-10:00 am	PH Align & Flow	Meagan
	10:00-11:00 am	SC Beginner Yoga	Alma
	10:15-11:15 am	Virtual Vinyasa * Zoom link will be in confirmation email	Emilee
	9:00-10:00 am	SC Teacher's Blend	Alyssa
Sunday	9:30-10:30 am	PH Align & Flow	Vicki
	7:00-8:00 pm	PH Yin Yoga	Vicki